

# ACTING EXERCISES:

## CHARACTER #3

This exercise is going to focus on 'the moment before'. The moment before is what happened right before a scene. Where did your character come from? What were they doing? This is important to know because it gives you context as an actor into how your character is feeling based off of what they were just doing and who they were with.

1. Read a scene or monologue, or watch a scene from a TV show or movie. Choose a character that you will create a 'moment before' for.
2. After watching or reading the scene, see if you can pick up any context clues. Did the character say where they were just coming from? What has the character's day been like up until that scene? If there are no clues into what they were doing or where they were, you as an actor can make it up!
3. Create a moment before in as much detail as you can. Write out what happened to them, or draw a picture of where they just were. Were they somewhere that makes them happy? Who were they with? Do they like that person? What were they doing? Did they get any news? Are they having a good day or a bad day? Be as specific as you can!
4. Now that you have created a moment before, you can act it out or improvise it if you have the space. If you do not, think about how the interaction went in detail in your head each time before you read the scene. You can make up different moment's before and see which one works best for you!