

# ACTING EXERCISES:

## CHARACTER #2

Knowing who your character is on the inside is vital. It is also important to know what your character looks like on the outside! This can include everything from what they like to wear, to how they move around on stage. Creating a physicality for your character adds another dimension to your acting, and can help further connect you to your character. In this exercise you will explore moving and dressing as a character.

1. Choose any character. This can be the same character from Exercise #1, or a new character.
2. Start thinking about what that character looks like on the outside. What do they like to wear? How do they walk down the street? Do they walk with their head leading? Or their chest? Do they have a limp when they move? Do they like the way they look?
3. A lot of the answers to these questions can be found in who that character is on the inside. For example, if your character is very confident, they might lead with their chest when walking.
4. Next, start to move around as your character. Walk around like them! Sit down, pick up objects, skip, jump, whatever feels right for the character that you have chosen. This is all about experimenting with different physical styles, and then choosing which one works the best for you and that character.
5. Another way to physicalize the character is to draw a picture of them. Where are they in the picture? What are they wearing? Why is this important to who they are? The more questions you can ask yourself about the character, the better!